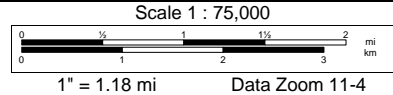
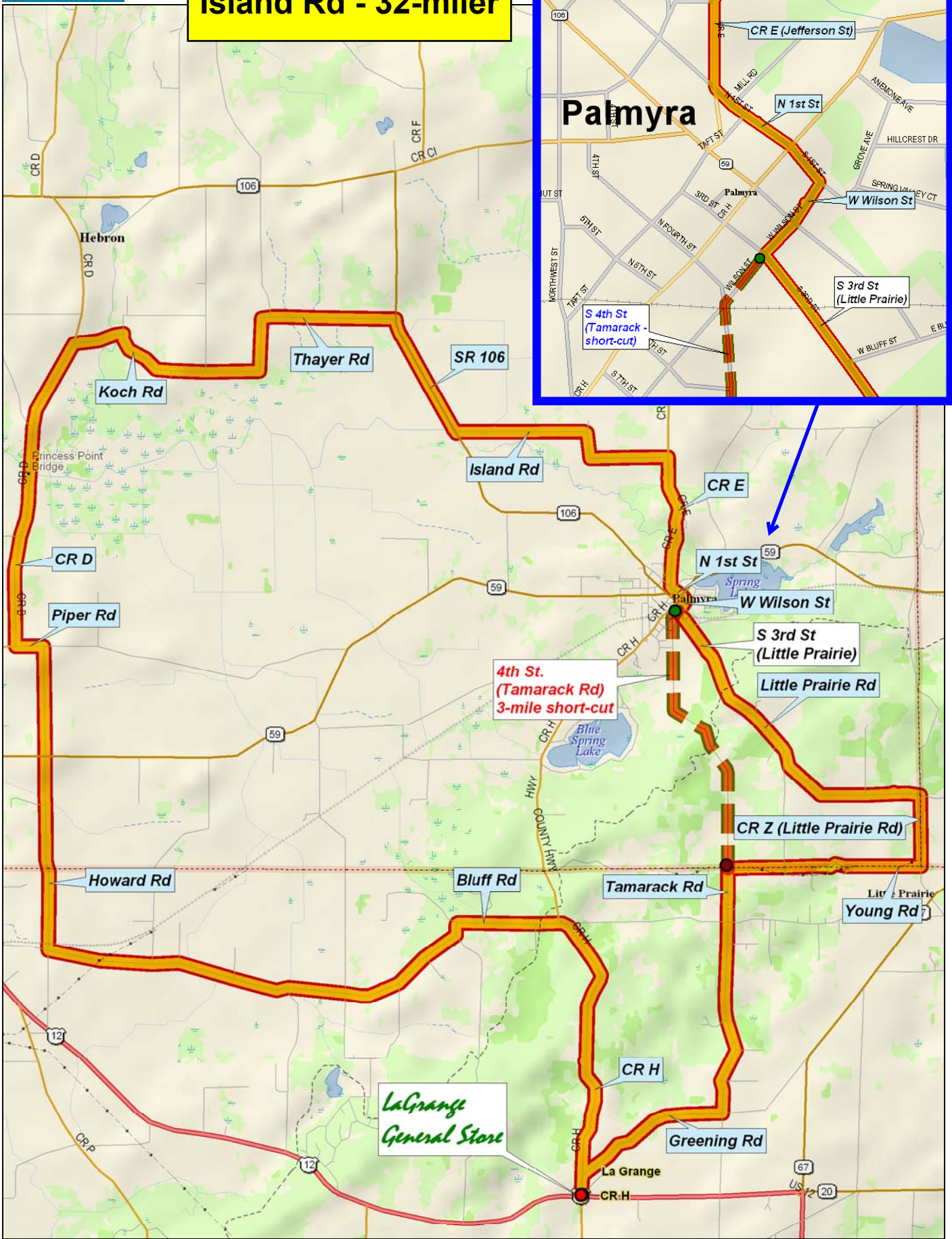
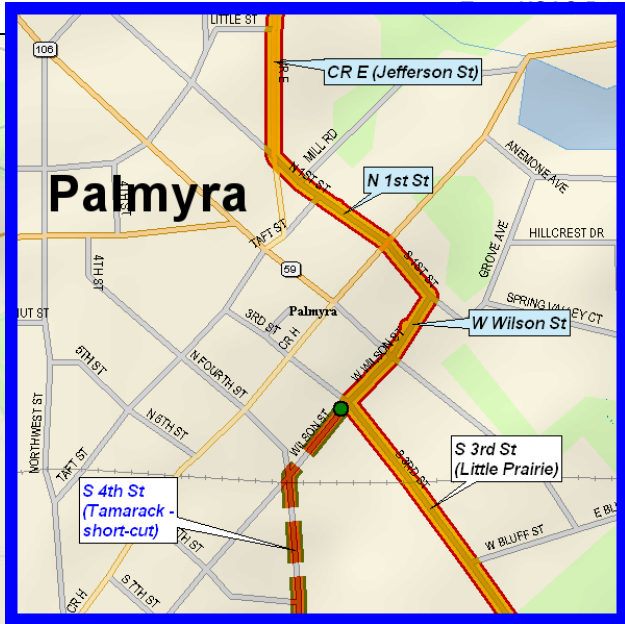


Island Rd - 32-miler



	Dist	Turn		Road	Exit	Time	Total Dist
		Start	at	La Grange		00:00:00	0.00 mi
		Go straight (N)	on	CR H		00:00:00	0.00 mi
	in 2.10 mi	Turn left (NW)	on	CR H		00:06:54	2.10 mi
	in 0.60 mi	Bear left (W)	on to	Bluff Rd		00:08:54	2.70 mi
	in 5.03 mi	Turn right (N)	on to	Howard Rd		00:25:37	7.73 mi
	in 2.79 mi	Turn left (W)	on to	Piper Rd		00:34:52	10.52 mi
	in 0.25 mi	Turn right (N)	on to	CR D		00:35:42	10.77 mi
	in 2.86 mi	Turn right (E)	on to	Koch Rd		00:45:13	13.64 mi
	in 2.35 mi	Turn right (E)	on to	Thayer Rd		00:53:02	15.99 mi
	in 1.22 mi	Turn right (SSE)	on to	SR 106		00:57:05	17.21 mi
	in 1.18 mi	Turn left (E)	on to	Island Rd		01:01:00	18.39 mi
	in 2.16 mi	Turn right (S)	on to	CR E		01:08:09	20.55 mi
	in 1.22 mi	Bear left (SE)	on to	N 1st St		01:12:10	21.77 mi
	in 0.13 mi	Bear right (SE)	on to	S 1st St		01:12:35	21.90 mi
	in 0.06 mi	Turn right (SW)	on to	W Wilson St		01:12:47	21.96 mi
	in 0.12 mi	Turn left (SE)	on to	S 3rd St		01:13:10	22.09 mi
	in 0.44 mi	Bear left (SE)	on to	Little Prairie Rd		01:14:37	22.53 mi
	in 2.66 mi	Turn right (S)	on to	CR Z (Little Prairie Rd)		01:23:24	25.19 mi
	in 0.65 mi	Turn right (W)	on to	Young Rd		01:25:33	25.84 mi
	in 1.76 mi	Turn left (S)	on to	Tamarack Rd		01:31:25	27.60 mi
	in 1.67 mi	Bear right (SSW)	on	Tamarack Rd		01:36:58	29.27 mi
	in 0.31 mi	Bear left (S)	on	Tamarack Rd		01:38:00	29.58 mi
	in 0.30 mi	Turn right (WSW)	on to	Greening Rd		01:38:59	29.88 mi
	in 1.48 mi	Turn left (S)	on to	CR H		01:43:52	31.36 mi
	in 0.17 mi	Finish	at	CR H		01:44:26	31.53 mi

Total Time: 01:44:26 Total Distance: 31.53 mi

