

Eat. Drink. Enjoy

Sandwiches



Downstream \$9.85

Rushing Waters' salmon with tomatoes, lettuce, onion and a dill mayo dressing on rye bread.

Turkey Feast \$7.95

Oven roasted turkey breast, tomatoes, onions, sprouts, avocado, garden cheese, mayo, mustard, and herb seasoning on cracked wheat bread.

Italian Special \$7.95

Your choice of meat with tomatoes, onions, sprouts, provolone cheese, mayo, mustard, and herb seasoning on a French baguette.

Club 12 \$7.95

Salami, turkey and ham with red peppers, onions, lettuce, black pepper and ranch dressing on sourdough bread.

Honey of a Ham \$7.95

Smoked ham with lettuce, onions, honey mustard on a honey wheat bread.

Tuna Fish Wish \$7.35

Our fresh tuna salad with your choice of veggies on whole wheat or sourdough bread.

Topping Choices:

Meat Choices:

Oven Roasted Turkey, Ham, or Salami.
(extra meat 25¢ per meat)

Veggie Choices:

Green and Red Peppers, Avocado, Purple Onions, Tomatoes, Lettuce and Sprouts.

Ask for seasonal options.

(extra sides of avocado and salsa 50¢)

Cheese Choices:

Cheddar, Cojack, Baby Swiss, Smoked Provolone, Garden Jack, and Pepper Jack.

Bread Choices:

Cracked wheat, Honey wheat, Wheat pita, Rye, Sourdough, Baguette, Gluten free

Meat Pita \$7.95

Your choice of meat with tomatoes, onions, sprouts, provolone cheese, mayo, mustard, and herb seasoning in a whole wheat pita.

Fajita Pita \$7.95

Oven roasted turkey with tomatoes, peppers, cojack cheese, salsa, mayo, and mexican seasoning in a whole wheat pita.
(served warm)

Cheese Pita \$7.95

Your choice of cheese and veggies with mayo, mustard, and herb seasoning in a whole wheat pita.

Hummus Pita \$7.55

Homemade garbanzo spread with yogurt sauce, tomatoes, onion, sprouts in a whole wheat pita.

Wonderful Walnut \$7.25

Walnut loaf with tomatoes, onions, and sprouts on whole wheat bread.

Plain Jane \$5.00

Just meat or Just cheese

Plain Jane \$6.00

Both meat and cheese

PB&J \$3.00

More Yummy Goodness!

Ham & Cheese Croissant \$4.25

Spinach Feta Croissant \$4.25

Egg Bakes \$4.75

(Choices change often)